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Why Flirting After The Breakup Helps In Dating

Putting your best foot forward means you must do whatever it takes to create the best impression on someone. This cannot be done when you're short on your needed tools. When you're on a date, you also need to create the best impression. This in itself can be a bit hard, especially if you've just been through a breakup, but doing it without your best accessory makes it doubly difficult.

Don't allow this to happen to you. Bring out your best tool and brush up on your flirting. Why should you flirt? There's more than one reason but the first and possibly most important is the fact that the ability to flirt - especially if done well - can give a huge boost to your confidence.

You know what I mean. You can't deny that being able to grab someone's attention with subtle gestures like a smile or a meaningful look can give a rush of power that does wonders for your confidence. You feel like you can achieve anything, attract anyone.

Oddly enough; it's true. There are few men on the planet who can resist an attractive woman turning on the charm and shining it in their direction. Use it well but keep it light.

First dates are the best time to set the tone for the next dates you might have. But, more importantly, it is an opportunity to decide whether there will be next dates in the first place. It is understandable that a woman who's just been in a relationship might feel a bit uncomfortable flirting with a new guy - especially on first dates.

There can be a lot of reason why women forget to flirt. Maybe the trauma of being dumped and having your heart torn into tiny pieces has resulted in you not knowing how to turn on the charm anymore. Or maybe because you've been in a long term relationship where there was no need to flirt. Whatever the reason, the fact that you're now single means you need to start learning how to charm the pants out of people. It might be forced at first, but we all have to start somewhere, right?

Flirting is a lot like riding a bike. Once you've learned how, no matter how long you haven't done it, it's only a matter of time before you're an expert again. Why does flirting matter when you're on a date? Well, one of the things men use to gauge how well the date is going is the level of flirting that happens in it. If you like him, but aren't sending the right signals, he might not want to initiate a second date.

Don't let him think that way. Flirt a little so he knows where he stands with you. If you need to force it a bit, fine. But know that with practice, flirting can be perfected. And the best opportunity to practice? Your next dates, of course.

Now is a good time to decide if you want to try to [get your ex back](#) or if you're going to let him go altogether. If you want to get him back you'll need to start with the first step I teach in this free video: <http://www.magicofmakingup.com>. Get started today and enjoy sweet success tomorrow.

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