

Published based on [The Wonder Around Chakra Jewelry](#)

The Wonder Around Chakra Jewelry

Handcrafted [metaphysical jewelry](#) is a unique, beautiful addition to one's jewelry collection, as well as an excellent choice when seeking a meaningful gift for a family member, friend or partner. With lovely handcrafted beads, natural healing stones, powerful metals and intentional crafting, spiritual healing jewelry is wonderfully appealing, as well as physically, emotionally and spiritually healing. Inspirational jewelry is ideal for rejuvenating your spirit, balancing energies and adorning yourself with artisan-crafted pieces that are imbued with healing energies.

Energy medicine is one of the oldest forms of healing and has been used for thousands of years in every part of the world. Long before scientific instruments could measure the energy vibrations of particular stones, ancient cultures and traditional healers were well aware of their healing benefits and employed a wide variety of healing stones in their practices. Those seeking healing were often given an amulet, necklace, bracelet or other form of spiritual healing jewelry containing a combination of natural elements to assist them in overcoming physical, spiritual or emotional blocks or ailments.

The energy vibrations and subtle healing abilities of stones used in [spiritual jewelry](#) vary and are connected to various emotions, areas of personal development and parts of the body. The stones used in handcrafted metaphysical jewelry are commonly chosen for their specific capacity to balance particular energies or open certain chakras in a manner that is beneficial to the wearer. The use of spiritual jewelry in healing practices has been passed down through the generations of traditional and spiritual healers and is widely used today, including the increasing popularity of bestowing inspirational jewelry upon a loved one who needs healing, or simply to express our affection and concern for their overall spiritual well-being.

Apart from giving artisan-crafted spiritual healing jewelry as gifts, giving yourself the gift of inspirational jewelry and wearing it in your everyday life is a wonderful way to promote centering, inner peace, personal growth and balanced energies, as well as a great way to invest in your spiritual and emotional well-being. Selecting a piece of spiritual jewelry that you are particularly drawn to is an especially empowering experience and assists you in focusing your intentions and putting forth your openness to and acceptance of the healing energies each beautiful stone offers. Whether you seek centering and inner peace, enhanced self-expression or healing for a physical illness, metaphysical jewelry with natural elements and healing stones can assist you in achieving personal growth and well-being.

Spiritual healing jewelry is a becoming, convenient way to ensure you are surrounded by the subtle healing energies of stones, metals and other natural elements throughout the day and is a lovely adornment that can swathe you in the centering energies of black tourmaline, or bring you the good fortune of aventurine, the awareness and thought amplification of lapis lazuli, the courage and confidence encouraged by tiger eye, the wisdom brought by sodalite or the protection offered by agate.

Whether you are searching for a gift for a loved one or a piece to add to your own collection, the beauty of spiritual jewelry is that you will always make the right selection. You will be instinctually drawn to the piece of spiritual healing jewelry that is most fitting for the healing that is needed or the intention of the gift. This allows you to rest assured that the metaphysical jewelry you select will be the ideal choice for your or the intended gift recipient.

Essay about [handcrafted jewelry](#) authored by Christopher Caramelli. Mr. Caramelli is the creator of jewelry featured at Spirit Journeys' SpiritWear. There is more info on [unusual jewelry](#) at Spirit Journeys website.

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