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# **Home Based Business - Confidence Required**

Two major rationales which people pitch to me as to why there are reluctant to engage in a home based business are a fear of failure, and doubting one's self. These two things get in the way of our ability to construct a plan for success. Instead, we rationalize with an inner-voice which tells us that success is improbable, and accept this as actual fact. Thus, to be successful in any home based business, you must cast fear and self-doubt aside, develop a plan of action, and work your plan to success.

Unfortunately, fear and self-doubt are extremely common. In fact, they are so common that even in their presence, many people still take action. It is the decision to move forward irrespective of fear and self-doubt which enables these individuals to show themselves that their feelings were baseless. Contrarily, those who choose to allow fear and self-doubt dictate their actions, or inactions, only gain confidence in areas in which they are obligated to take action, such as employment situations. However, when it comes to formulating new work skills, seeking promotions, and forging new relationships, they remain motionless.

If you let self-doubt and fear dictate your life, you will miss out on opportunities. When we say, "why bother" due to our predictions that nothing good will happen to us it becomes a self-fulfilling prophecy. This leads us to discount home based business opportunities which could help us reach our goals of financial independence.

Nonetheless, while self-doubt and fear come in different forms, and from different sources, we can learn to dagger them. Below are ten techniques which I have actually seen deliver massive home based business success.

1. Write out a list of each of your fears. Acknowledgement will allow for confrontation.
2. Write down how your fears and self-doubt have a negative effect on your life.
3. Be aware that there are some negative voices in your head, and bring them to light.
4. Build a support network of individuals who experience your same fears and self-doubt.
5. Become a member of an existing of individuals with problems similar to your own.
6. When an negative thought or message comes your way, counteract it with a positive thought or message, and act as a positive person would.
7. Consult readings and videos which compel you to take action.
8. Admit to your past, and leave it in the past by moving forward and taking action.
9. Make a list of your goal, plus what you need to do to make them come to life.
10. Whatever you determined you need to do to make your goals come to fruition must be done on a daily basis. Doing this will cause your fears and self-doubt to diminish day by day.

Just realize that fears and self-doubts will always creep up from time to time for anyone with a home based business. Recognize that this is natural, even for the so-called gurus. The difference between them and you to this point is that they did not let fears and self-doubt keep them from taking action.

Doubting yourself is detrimental to [home based business](#) success. Go after your [business opportunities](#) with full vigor! Be sure to stop by the SOSComplete! Affiliate Network.

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