

Published based on [Advice On The Environmental Benefits Of Sash Window Restoration For Old Buildings](#)

# **Advice On The Environmental Benefits Of Sash Window Restoration For Old Buildings**

A number of new windows and doors on the market are aimed at decreasing heat loss and catering to the demand for environmentally conscious house design. Still, the decision to restore existing windows rather than buying new ones may be a more environmentally friendly choice. The environmental benefits of sash window restoration are significant.

Many house owners opt to replace wooden sash windows with PVC frames. However, preserving old wooden windows instead of paying for the production of new PVC is a better choice for the environment.

Even if you buy new wood frames instead of PVC, there are disadvantages from an environmental stance. Deforestation is a big problem so it is better to reuse old wood. In addition, old wooden window frames are often longer lasting and better quality than those made from new wood.

There are also aesthetic reasons for preserving old sash windows. Wood can be considered more attractive and traditional-looking than PVC. Original sash windows won't clash with the architecture of an old house, unlike some new window designs.

Many house owners are especially interested in thermal efficiency. They will be reassured by the fact that old sash windows can be altered to improve efficiency. Adding extra glazing improves insulation from cold as well as the noise outside. A good seal can help to eliminate drafts.

The sash window design provides great ventilation. During the summer, you can open the sashes on the bottom and the top to help your house stay cool. That way, warm air can escape through the top of the window. Meanwhile, cool air is let into the house through the bottom sash. This system can mean you won't need to use air conditioning or a fan. The design of sash windows helps them to be an environmentally friendly choice.

A major benefit of sash windows can best be described as allowing the house to breathe. This is important for maintaining a comfortable and healthy atmosphere inside. In contrast, some modern window replacements are virtually airtight. This can lead to problems with ventilation and the build up of condensation. Good ventilation is important for health. It also prevents excess moisture from accumulating. A damp problem in plaster and woodwork can be very damaging and expensive.

The environmental benefits of sash window restoration are clearly worth considering. Furthermore, fixing an old sash window is often more cost-effective than replacing it. A variety of sash window restoration experts can be found online; many provide free estimates at no extra cost.

[Sash window restoration London](#) area provides a service to homeowners who want to save on energy costs. Instead of replacing or discarding [sash windows](#), you can restore them instead.

You can also find this article published on [Advice On The Environmental Benefits Of Sash Window Restoration For Old Buildings](#), and on the tag pages [Advertising](#), [builders](#), [construction](#), [decorators](#), [DIY](#), [double glazing](#), [home](#), [house](#), [insulation](#), [painting](#), [property](#), [sash windows](#), [windows](#), [wood](#).