

Published based on [How To Reduce Your Carbon Foot Print With Sash Window Draught Proofing This Winter For Sure](#)

# **How To Reduce Your Carbon Foot Print With Sash Window Draught Proofing This Winter For Sure**

It will be easy to reduce your carbon foot print with sash window draught proofing this winter and save some money in the bargain. You'll also be helping to save the planet by lowering your carbon emissions and your energy usage too. These are all enviable things to accomplish with very little effort or initial cash outlay.

In addition to helping the environment and saving you some money, properly weather proofing your windows will make your home more comfortable. In winter it will keep the cold out and the warm in. In summer it will keep the warm out and the cool in. Good weather proofing will also actually make your house somewhat quieter and less dusty. The number of benefits far exceeds the modest cost required to do the job.

If you live in an older house with wood framed sash windows, either double-hung or single-hung, there's no question that, as the years have gone by, they have lost some of their insulating abilities. These older windows were never exactly energy efficient in the first place, not like the modern multi-paned, gas filled units on the market today. But they're still able to do the job to an acceptable degree, and improved draught proofing will make them all the better.

If you're thinking about tearing out your current windows and having them replaced with modern alternatives you might want to reconsider. Unless a wood framed sash window is totally beyond repair it's almost always preferential to recondition or rehabilitate it rather than replace it. In some areas, or if your home is listed on the historical register, replacement may not even be an option.

A job like weather proofing older sash windows can be a fairly easily accomplished DIY project. The cost of the required materials should be reasonable and even if a tradesman must be contracted to complete the installation this kind of job is neither difficult nor too time consuming. The overall cost should be well worth the benefits received after completion.

If the window trim is easily removed, the first step is usually to remove this trim and then fill the gaps with non-expanding foam. If the trim is not removable, caulk should be used to seal the trim on both edges.

Add weather strips to moving surfaces. Finally, clean out the old putty holding in the glass panes and put in some new putty. It'll be easy to reduce your carbon foot print with sash window draught proofing this winter. It's a great upgrade!

Get inside information on how to reduce your carbon foot print with the help of a [sash window draught proofing company](#) now in our UK [sash window specialists](#) review.

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