

Published based on [Journaling and the importance of prayer](#)

Journaling and the importance of prayer

Prayer is a very important aspect of the spiritual life of believers. It gives us a way to communicate with the Lord. Although there is no wrong way to pray, a prayer journal can make your prayer life a little easier.

Prayer Journal does not need to be good. It may just be an ordinary notebook, the composition of the pad, or empty, hard-cover magazine. All you need is a place to write notes and thoughts. It can be simple or complex as you want. Of course, also need a pencil or pen.

The purpose of a prayer journal is to record your prayer requests and praises. When you are writing down your requests, it is such a joy to be able to cross one off as having been answered. The prayer journal helps to give us physical proof that God does indeed answer prayers.

To begin just start writing down all your prayer requests in your prayer journal. You may have many or just a few; the number does not matter. Throughout the day, as you think of new prayer requests, add them to your journal. You can also take your prayer journal to church and write down the requests of other members. When you pray, all you have to do is pull out your prayer journal and your requests will be right there for you. No longer will you have to worry about forgetting a prayer request.

It 'also very useful for all the praise you Lord. It 'important to thank the Lord for providing for us and to meet certain needs. Typing and give praise to note when a prayer request to see how powerful prayer is and how God is moving in your life.

When you trace your prayer requests and answers to prayer can also help keep your mind focused, as we pray. magazines prayer can change our way of praying for the best. If prayer journal is not something that you do have a successful prayer life is something you can watch the road and see the evidence that, yes, the answer to the prayers of God.

A deeper connection with the religious element of your mind is possible through [personal prophecy](#) and prayer. If you [need a prophetic word](#) for counseling or comfort, visit the web pages.

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