

Published based on [The Main Elements Of Suntan Lotion](#)

# **The Main Elements Of Suntan Lotion**

Two products that may be classified as suntan lotion are sunscreen and indoor tanning creams. These products serve different purposes. Sunscreen, which may be referred to as sunblock, protects skin from harmful UV radiation of the sun. Indoor creams aid in tanning techniques. [youtube:QtnWmqRaEKw?version=3;[link:Sunless Tanning Lotion Review];http://www.youtube.com/watch?v=QtnWmqRaEKw?version=3&feature=related]

L-Tyrosine and melanin are ingredients commonly found in these tanning creams. Other common ingredients: various oils, copper and tea extracts. Some products add other ingredients that can bronze or moisturize skin. These products are made for indoor use only. They should not be used while outside because they do not include ingredients for sun protection.

These products work in one of two ways: increasing amount of blood circulation to skin or adding to the production of melanin. Both increase the melanin in the top layers of the skin. Lotions should be used with a tanning booth or bed, which give off ultraviolet rays, but not outdoors. [!http://www.webmarksolutions.com/wp-content/uploads/2011/12/HaywoodHunter1.jpg]

Individuals who seek protection from the UV light of the sun may use a product called sunblock. As its name suggest, sunblock or sunscreen is designed to reflect or absorb rays from the sun. It may come in a variety of topical forms, including spray, gel and cream. Sunscreen is also used to prevent sunburn as a result of sun exposure.

Most sunscreens contain organic chemical compounds, or organic or inorganic particulates. Physical and chemical are the two main classifications for this product. Physical formulas are created to reflect the sunlight, while chemical formulas absorb the rays. Sunscreen use is recommended for people with all types of skin because it is believed to prevent harmful effects of increased sun exposure, such as cancer or even sunburn.

Suntan lotion may describe two different types of products: indoor tanning creams and sunscreen. The products, though different in their purpose, are topical substances applied to skin. Sunscreen is made to block skin from powerful radiation. Tanning cream is can help with tanning processes and may include moisturizing and bronzing features.

Cautious sun lovers, you can find complete details about the reasons why you should use [suntan lotion](#) everyday and information about [Sun Labs Dark Sunsation](#) range on our website, now.

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