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Safe Sun Tanner Products To Get You A Youthful Glow Without The Possible Health Side Effects

Physical appearance is important to most people. Many feel that having a tanned skin tone makes them more confident and that they look more attractive to others. A lot of people will go to great lengths to achieve this look, even risking their health and well being to create a certain persona. Celebrities can influence young girls particularly and make them want the same tanned even complexion these celebrities seem to exude. For anyone who wants to achieve a safe tanned appearance there are a number of sun tanner products to choose from.[youtube:GSCGs6Zz_1Y?version=3;[Fake Tan];http://www.youtube.com/watch?v=GSCGs6Zz_1Y?version=3&feature=related]

A lot of times people are not even aware of the amount of sun they are absorbing. This is especially true at the ocean, on lakes and at water parks where the wind and water can create a false sense of protection from sunlight. Many are willing to risk the dangers just to achieve a long lasting, natural looking tan.

Many come to regret the decisions they made. People risk skin cancer, which can be debilitating and even fatal. Persistent exposure to harsh sunlight without sunscreen will eventually result in skin that sags, is wrinkled and dry. Instead of looking young and healthy, people actually add years to their appearance.

Over the years some people have turned to alternatives to sunbathing. Tanning beds and booths have been one option people have used. There was a thought that tanning gradually in these beds was less risky than sunbathing. Most now believe this to be a false and dangerous assumption.

Some companies sell pills that they claim will cause the skin to become tanned. The Food and Drug Administration has no research on the safety and effectiveness of these pills because they are sold as dietary supplements.

Sunless tanning lotions have been on the market for many years. They are a safe and sensible way to create a look of tanned skin without the harmful effects of direct sunlight. In the past many people avoided using them because they thought the look was not natural. The lotions turned some skin types a strange orange looking color. They often streaked and didn't color the skin evenly. Some even had a peculiar odor that people found unpleasant.

Today these lotions are much easier to use and many create a very natural appearance that people are pleased with. In the last few years spray tanning has become a popular way to look tanned and healthy. Sunless tanning salons are taking advantage of this trend and doing great business. There are also sunless tanning sprays available for people who do not want to spend the money on professional tanning sessions. These are economical and practical ways to get the look desired.

Most people want to look as young and as vibrant as they can for as long as they can. A lot of them believe that tanning helps them accomplish those goals. Today's sun tanner products can be used easily and effectively and give skin a healthy glow without the risks of sunbathing.

Discover how you can get a beautiful healthy glow with safe [sun tanner](#) products. You can also get comprehensive information on the best [Tan Overnight Lotion](#)

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